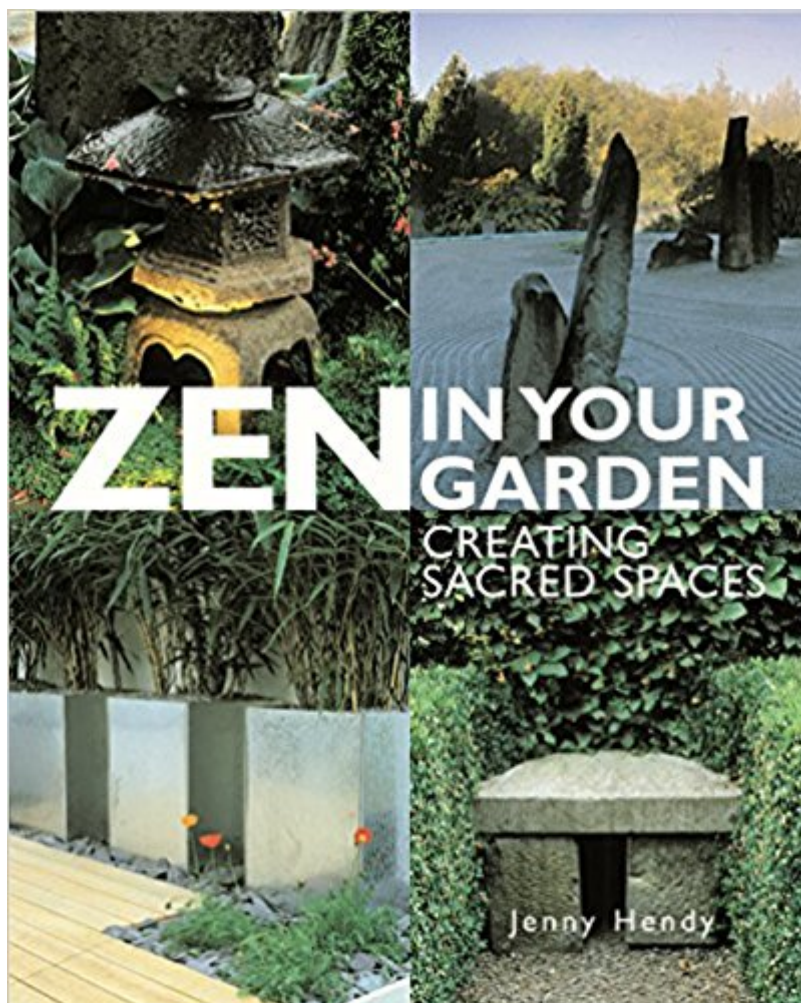


The book was found

Zen In Your Garden: Creating Sacred Spaces



Synopsis

Full of colorful, striking photographs and insightful commentary this Zen gardening book is an essential guide to the most serene of Japanese traditional arts. The Japanese Zen garden is a triumph of simplicity, a space in which balance is emphasized to create a place of stillness and sanctuary. Zen in Your Garden offers readers a comprehensive and practical guide to creating a sacred space for meditation and contemplation. Learn how your garden can stimulate your senses to either energize or soothe you, and discover what type of garden you need, as well as how to convert your existing garden to one designed on Zen principles. Boxed features, illustrated with detailed drawings, show you how to build specific features such as gravel and rock landscapes. Zen in Your Garden includes beautiful photographs of outstanding gardens from around the world to help you consider the various styles you might wish to work on: rock and gravel; water gardens; shade, moss, and woodland; courtyards; and nature and wildlife gardens. Planting is explored in detail so that you may choose a landscape that has something for all seasons and creates a pleasing form and balance. This book beautifully illustrates and clearly details the many elements of gardening from a Zen perspective and offers you both the creative inspiration and the practical guidance to develop your own. Zen gardening topics include: A modern interpretation Water gardens Nature and wildlife gardens Planting guidelines Zen in a small place

Book Information

Hardcover: 128 pages

Publisher: Tuttle Publishing (July 26, 2016)

Language: English

ISBN-10: 0804847533

ISBN-13: 978-0804847537

Product Dimensions: 8 x 0.6 x 10 inches

Shipping Weight: 1.6 pounds (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars 11 customer reviews

Best Sellers Rank: #154,992 in Books (See Top 100 in Books) #22 in Books > Crafts, Hobbies & Home > Gardening & Landscape Design > Japanese Gardens #100 in Books > Crafts, Hobbies & Home > Gardening & Landscape Design > Garden Design #149 in Books > Politics & Social Sciences > Philosophy > Eastern > Buddhism > Zen > Philosophy

Customer Reviews

For the gardener looking to create a peaceful sanctuary from hectic daily life, this book is an

ideal guide.” -- Indianapolis Star, September, 2001“Practical advice and inspiring photos that can help you apply principles of Japanese Zen gardening.” -- The Charlotte Observer, September, 2001 --This text refers to an out of print or unavailable edition of this title.

Shortly after receiving her degree in botany, Jenny Hendy began writing about creative gardening. Now a freelance writer, her work has appeared in magazines and she has written six books, including Perennials, The Gardener's Palette and Balcony & Roof Gardens. Hendy has a special interest in Eastern philosophy and its influence on gardening.

This book is full of great illustrations, some of which I hope to incorporate in my own yard. It's informative and is comprised of thoughtful explanations of Zen styles. I'll keep it handy to re-read frequently.

Beautiful photos that inspire creative flow to create your own interpretations in your garden. Just love looking at this book anytime I need more inspiration.

Very good information about Japanese Zen gardens written by a non-Japanese author. Photos are inspiring, but the text is amazing with aspects of this form of beauty and art.

Not what I expected.

This book is everything I anticipated. I bought it to get some more ideas for my au natural yard. The first time I looked through the book I found it to be quite calming and quite relaxing. I even shared the book with a co-worker and told her to look through it. I look forward to incorporating some of the ideas from the book to use when Spring roils around again. I recently learned that is pretty much one stop shopping. Over all I give this transaction 5 STARS for a job well done. From ordering; through processing; and all the way to delivery. JD Stephens

Nice book, lovely photos

comprehensive material.

great

[Download to continue reading...](#)

ZEN: Everything You Need to Know About Forming Zen Habits – A Practical Guide to Find Inner Peace, Practice Mindfulness & Learn Zen Meditation (Zen Buddhism, Zen Mastery, Zen for Beginners) Zen Buddhism: How Zen Buddhism Can Create A Life of Peace, Happiness and Inspiration (Zen Buddhism for Beginners, Zen, Zen Books) Zen: Beginner's Guide to Understanding & Practicing Zen Meditation to Become Present (Zen for Beginners, Zen Meditation, Zen Habits, Meditation for Beginners) Zen in Your Garden: Creating Sacred Spaces Zen: Zen For Beginners – The Ultimate Guide To Incorporating Zen Into Your Life – A Zen Buddhism Approach To Happiness And Inner Peace Zen: How to Practice Zen Everywhere in Your Daily Life (FREE Bonus Inside) (Zen Meditation, Zen for Beginners, Buddhism) Zen Flesh Zen Bones: A Collection of Zen and Pre-Zen Writings Zen and Zen Classics 1: From the Upanishads to Huineng (Zen & Zen Classics) Zen Gardens: The Art and Principles of Designing a Tranquil, Peaceful, Japanese Zen Garden at Home Z.B.A.: Zen of Business Administration - How Zen Practice Can Transform Your Work And Your Life Zen: The Beginners Guide on How to Practice Zen Everywhere by Incorporating Meditation Into Your Life (Buddhism - Improve Your Daily Life with Happiness and Inner Peace Using Meditation) Garden Rooms: Create and Decorate Outdoor Garden Spaces An Introduction to Sobolev Spaces and Interpolation Spaces (Lecture Notes of the Unione Matematica Italiana) A Gardener's Journal: Bright Garden, The Easy Way To Organize Your Garden, Write Your Garden Records, Plans, Thoughts and Memories, Square Foot Plan, ... Year Round, 8 x 10 (20.32 x 25.4 cm), 178 Pages The Medicine Wheel Garden: Creating Sacred Space for Healing, Celebration, and Tranquillity Zen Action/Zen Person Zen Coloring - Flowers (Zen Coloring Book) Shodo: The Quiet Art of Japanese Zen Calligraphy; Learn the Wisdom of Zen Through Traditional Brush Painting Zen Mind, Beginner's Mind: Informal Talks on Zen Meditation and Practice Zen Mind, Zen Horse: The Science and Spirituality of Working with Horses

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)